

Sticky Fingers Cooking

Cultivating 'Cool'inary Curiosity in Kids™



THYME to TURNIP the BEET on WHAT KIDS EAT



New K-5th After School Cooking Classes at Asbury Elementary

Wednesdays from 3:15-4:15pm
September 5th - October 24th

"I can't believe we
made this!"
Young Chef Cade

"I love it SO MUCH
it's freaking me out!"
Young Chef Lexi

These award-winning, super-tasty and exciting classes captivate kids as they explore making, eating and sharing very yummy, healthy, fresh, and sustainable foods not always found on kids plates.

Here is a Sample of the AMAZING DELICIOUSNESS The Kids Will Be Making (and Love Eating-Up)!

Back to School Salted Chamomile Honey Doughnut Holes + Raspberry Ripple Drizzle + Raspberry Chamomile Fizz
Perfect Pizza Bomb Bites + Sticky Fingers "Caprese" Salad on a Stick + Kid-made Italian Creme Sodas
Korean "Japchae" Stir-Fried Noodles + Sweet Soy Splash + Frosty "Banana Milk" Smoothies
September Swedish Sticky Chocolate Cake "Kladdkak" + Sweet Shaken Cream + Smashed Berry Sauce
Great Greek Spinach "Spanakopita" Cups + Chopped Feta Tomato Relish + Greek Yogurt Honey Shakes
Argentinian "Chimichum" Pull Apart Monkey Bread + Kid-made Herbed Butter + Amazing Fruit "Agua Frescas"
Very Vietnamese Spring Roll Bowls + "Nuoc Cham" Salty-Sweet Vinaigrette + "Trà Dào" Peach Iced Tea

Please note that recipes are subject to change-based on our creative whim!
Classes are always nut-free, and any and all dietary restrictions will be accommodated!

To Register:

[www.stickyfingerscooking.com/
school-programs/colorado](http://www.stickyfingerscooking.com/school-programs/colorado)

Search: Asbury

Awarded 5280 Magazine's TOP OF THE TOWN for BEST KID CLASSES in Colorado!

Tuition always includes chef instruction, all foods, materials, online family fun recipes the kids will be cooking-up in class—and a substantial and healthy(shhh!) snack at the end of every class!