



**Sticky Fingers Cooking**  
 Cultivating 'Cool'inary Curiosity in Kids™

THYME to TURNIP the BEET on WHAT KIDS EAT

**Truly Tasty + Fabulously Fun + Highly Acclaimed  
 New K-5th Cooking (And Awesome Eating!)  
 Classes Starting at Asbury!**

**NEW FIRST CLASS DATE: WED 10/30**

**Wednesdays from 3:15-4:15pm  
 7 Classes: Oct 30th—Dec 18th (No Class 11/27)**

**Enroll Your Student Today**  
 Please Click on This Active Link:  
<https://stickyfingerscooking.com/school-programs/colorado/asbury-elementary-fall-2019-oct-k-5th>



**All of our Sticky Fingers trained cooking instructors share lifetime love of cooking** and a passion for cooking with kids! We have Montessori school teachers, culinary school teachers, summer camp directors, catering chefs, and graduates from Le Cordon Bleu in Paris on our talented team of kids cooking instructors.



**"I have to tell my mom about this recipe because I never eat vegetables and, wow, I love this!!"**  
 -Young Chef Jordan

**"I don't want to go out to lunch anymore, I want to go home and cook for EVERYONE!  
 Because I am now the best chef in the world!"**  
 -Young Chef Josh (Age 5)

**"I love it so much it's freaking me out!!!"**  
 Young Chef Lexi, (after tasting the very amazing Korean Bibimbop she just made)

**"I love everything we cook with Sticky Fingers!"**  
 -Young Chef Gideon

**"I can't believe we made this!"**  
 -Young Chef Cade

**FOR COOKING-UP SOME DELICIOUS FAMILY FUN AT HOME:**

Each delicious new recipe prepared by your young chef will be accessible online after each class at [www.stickyfingerscooking.com/recipes](http://www.stickyfingerscooking.com/recipes)

Tuition always includes chef instruction, all foods, materials, materials, online family fun recipes the kids will be cooking-up in class—and a substantial and healthy (shhh!) snack at the end of every class!

[www.stickyfingerscooking.com](http://www.stickyfingerscooking.com)



303-648-4078

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