

Sticky Fingers Cooking Cultivating 'Cool'inary Curiosity in Kids™

THYME to TURNIP the BEET on WHAT KIDS EAT

Truly Tasty + Fabulously Fun + Highly Acclaimed Spring 2019: K-5th After School Cooking Classes <u>at Asbury Elementary</u> Wednesday from 3:15-4:15pm 8 classes: March 13th- May 8th

Scroll Pown For A Sneak Peek At Some of THE AMAZING RECIPES The Kids Will Be Cooking-Up !



"I can't believe we made this!" --Young Chef Cade "This is so awesome; I love it!" -Young Chef Haven

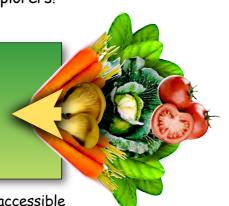


When's the last time you had Ethiopian food?

Or yummy Indian, Swedish or Columbian food? Guess what? Your kids can have a blast every week discovering how easy and fun it is to prepare (and love to eat!) tasty, healthy globally-inspired + American Classic Sticky Fingers Cooking recipes! Let your child release their inner chef and love learning to be inspired food explorers!

To Enroll Your Student:

Click on This Active Link (search Asbury): https://stickyfingerscooking.com/ school-programs/colorado/



Each delicious new recipe prepared by your young chef will be accessible online after each class at <u>www.stickyfingerscooking.com</u> FOR COOKING-UP SOME DELICIOUS FAMILY FUN AT HOME!

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Here is a Sneak Peek of the Some of The AWESOME DELICIOUSNESS The Kids Will Be Cooking-Up in Classes!

Springtime Carrot Cake Doughnut Holes + Cream-Cheesy Drizzle + "Cheesecakey Shakeys"

Toasted Portobello Reuben Sandwiches + Whipped 1,000 Isle Dip + Very Vanilla Shakes

Corny Mac n' Cheese Cups + Crispy Cornbread "Streusel" Crust + Classic Lemonade

New Zealand Sweet Puffy "Pavlova" + Quick Kiwi Compote + Kai Kiwi Coolers

Kitschy Kitchen Sink Pancakes + Fresh Whipped Chocolate Butter + Banana Chocolate Milk

Mighty Mongolian "Tsagaan Buddha" Fried Rice + Cumin Frizzled Onions + Warm Mongolian Milk Tea

Please note that recipes are subject to change – based on our creative whim! Classes are always nut-free, and any and all dietary restrictions can and will be accommodated.

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By signing your child up for classes at Van Arsdale, you are also agreeing to the terms of the Enrichment Waiver found on the PTSA website