



Sticky Fingers Cooking

Cultivating 'Cool'inary Curiosity in Kids™

THYME to TURNIP the BEET on WHAT KIDS EAT

Truly Tasty + Fabulously Fun + Highly Acclaimed After School Cooking Classes open to K-5th at Asbury Elementary

Wednesdays from 3:15-4:15pm
8 classes: January 24th- March 14th

Scroll Down For A Sneak Peek At Some of THE AMAZING RECIPES The Kids Will Be Cooking-Up!



5280 Magazine's
EDITOR'S CHOICE
TOP OF THE TOWN
BEST KID CLASSES
IN COLORADO

www.stickyfingerscooking.com/about/news-events/



When's the last time you had Ethiopian food?

Or yummy Indian, Swedish or Columbian food? Guess what? Your kids can have a blast every week discovering how easy and fun it is to prepare (and love to eat!) tasty, healthy globally-inspired + American Classic Sticky Fingers Cooking recipes! Let your child release their inner chef and love learning to be inspired food explorers!

Enroll Your Student Today

Register Here (Search Asbury):

<https://www.stickyfingerscooking.com/school-programs/colorado/>

Our fun, engaging and creative chef instructors mix together a sense of fun and excitement as they combine the love of cooking with nutritional information, safe cooking skills and hygiene, jokes, geography, math skills and food history to help inspire a lifetime love of delicious, healthy family cooking.



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Check out the DELICIOUSNESS we will be cooking up!

Double Chocolate Raspberry Cupcakes + Chocolate Ganache + Raspberry Milkshakes

Quick Japanese Sweet Stovetop Mochi + Spring Fruit Fillings + Green Tea Lattes

Fried Cauliflower Bites + Savory Greens + Southern Sweet Tea

Crispy Eggplant Parmesan Ravioli + Creamy Alfredo Sauce + Basil Lemon Spritz

Chinese New Year Egg Drop Soup + Crispy Savory Wontons + Frozen Green Tea Slushies

Beautiful Broccoli Apple Soup + Cheesy Monkey Bread + Iced Apple Fizz

Irish Shepherd's Pie + St. Patrick's Green Salad + Limeade Punch

Crispy 'Corn Dog's' on a Stick + Honey Mustard Dip + Frozen Lemonade

Please note that recipes are subject to change – Based on our creative whim!

Classes are always nut-free, and any and all dietary restrictions can and will be accommodated.

All of our Sticky Fingers trained cooking instructors share lifetime love of cooking and a passion for cooking with kids! We have Montessori school teachers, culinary school teachers, summer camp directors, catering chefs, and graduates from Le Cordon Bleu in Paris on our talented team of kids cooking instructors.

Tuition always includes chef instruction, all foods, materials, materials, online family fun recipes the kids will be cooking-up in class—and a substantial and healthy (shhh!) snack at the end of every class!

www.stickyfingerscooking.com

