

THYME to TURNIP the BEET on WHAT KIDS EAT

Truly Tasty + Fabulously Fun + Highly Acclaimed New K-5th After School Cooking Classes at Asbury Elementary School

Wednesdays from 3:15-4:15pm 7 classes: October 31st- December 19th

Scroll Down For A Sneak Peek At Some of THE AMAZING RECIPES The Kids Will Be Cooking-Up!













"I can't believe we made this!" -- Young Chef Cade "This is so awesome; I love it!" -Young Chef Haven



#### 5280 Magazine's **EDITOR'S CHOICE**

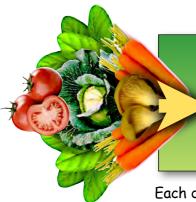
### TOP OF THE TOWN BEST KID CLASSES IN COLORADO

www.stickyfingerscooking.com/about/news-events/



### When's the last time you had Ethiopian food?

Or yummy Indian, Swedish or Columbian food? Guess what? Your kids can have a blast every week discovering how easy and fun it is to prepare (and love to eat!) tasty, healthy globally-inspired + American Classic Sticky Fingers Cooking recipes! Let your child release their inner chef and love learning to be inspired food explorers!



## **To Enroll Your Student:**

**Click on This Active Link** (search Asbury):

https://stickyfingerscooking.com/ school-programs/colorado/

Each delicious new recipe prepared by your young chef will be accessible online after each class at www.stickyfingerscooking.com FOR COOKING-UP SOME DELICIOUS FAMILY FUN AT HOMF!



# Here is a Sneak Peek of the Some of The AWESOME **DELICIOUSNESS** The Kids Will Be Cooking-Up in Classes!

Generous German Fall Potato Salad + Soy Sausage Bites + Sparkling Fruit "Schorle" Sparklers

Korean "Japchae" Stir-Fried Noodles + Sweet Soy Splash + Frosty "Banana Milk" Smoothies

Argentinian Chimichurri Pull Apart Monkey Bread + Kid-made Herbed Butter + Amazing Aguas Frescas

Fall Cranberry Italian Polenta "Torta" Cake +}Orange Yogurt Glaze + Cranberry Cinnamon Coolers

Halloween Pumpkin Ghoulish "Goulash" + Boo Buttered Noodle's + Frankenstein's Party Punch

Perfetly Persian Yam Stew + "Tadiq" Crispy Rice Cakes + Marvelous Minty Sherbet

Please note that recipes are subject to change – based on our creative whim! Classes are always nut-free, and any and all dietary restrictions can and will be accommodated.





